

ABOUT THE RITNY RUN

The fifth annual "Run in the New Year" (RITNY) is a 5K run or 1.5-mile "fun run" to benefit the Miracle League of the Triangle. R.I.T.N.Y. is a Triangle tradition and a family-friendly celebration for all participants, regardless of ability.

The race begins at midnight on New Year's Eve. Participants run on a well-lit course, starting at Cary Towne Center food court, passing by the Andy's Foundation Miracle League field and looping around the mall. T-shirts, gifts and awards are provided for multiple age groups. After the run, raise a toast to the New Year with food and fun in the Cary Towne Center food court. This is a non-alcoholic event.

Special appreciation is extended to Cary Towne Center, Adams Elementary School, and the Town of Cary for supporting this event.



HOW TO PARTICIPATE

Fill out and mail the registration form or register online at:

www.runnc.com

www.miracleleagueofthetriangle.com

To Pick-up Your Race Packet:

On Race Day Only
9:00 p.m. until 11:30 pm.
Wednesday, December 31st
Mall food court

See rules/guidelines.

Parking is available in the mall parking lot.

Race check-in, timing, and related services provided by:

Jim Young, Young & Associates
919-271-3056
jyoung@mindspring.com



ALL RACE PROCEEDS GO TO THE MIRACLE LEAGUE OF THE TRIANGLE

The Miracle League of the Triangle is a 501(c)(3) charitable nonprofit organization providing children with special needs the opportunity to play baseball. This noncompetitive, adapted program serves more than 400 children with disabilities per year. For information, volunteer opportunities or other questions, visit www.miracleleagueofthetriangle.com.



Miracle League of the Triangle
R.I.T.N.Y. RUN
PO BOX 4193
Cary, NC 27519



6th Annual R.I.T.N.Y. Run In The New Year



New Years Eve, December 31, 2014
Midnight 5K Run/Walk

Presenting Sponsor:



All proceeds benefit the Miracle League of the Triangle, a baseball program for children with special needs.



SPONSORSHIP

Sponsorship packages available at three levels:

2014 Event Sponsor



Major Sponsorships - \$300

Entry • Name on Shirt • T-shirt • Logo on T-Shirt •
Special Recognition

Supporting Sponsorships - \$100

Entry • Name on Shirt • T-shirt

For additional sponsorship information,
contact race director:

Tony Withers

twithers@withersravenel.com

COURSE INFORMATION

Start and finish at the Cary Towne Center food court. Course loops the Miracle League field and the mall on a flat paved surface, accessible to all. The “Fun run” participants return to the mall after circling the 1/2-mile mark. Although race times are kept for awards, this is a fun event to raise money and awareness.

The course is a certified 5K distance. This is the last race in the 2014 Second Empire Grand Prix Series.



Cary Towne Blvd is exit 291 off of Interstate 40

REGISTRATION FORM

Pre-register at www.ncrun.com, or on link on the Miracle League website, www.miracleleagueofthetriangle.com or mail this form to:

The Miracle League of the Triangle, P.O. Box 4193, Cary, NC 27519 DUE by December 20th.

You may also register at the race on December 31 from 9:00-11:00 pm.

NAME									
STREET ADDRESS									
CITY				STATE		ZIP			
PHONE				EMAIL					
AGE				BIRTHDATE					
RACE (circle one)		5K	1 Mile Fun Run			GENDER (circle one)		Male	Female
SHIRT SIZE (circle one)		Youth Medium	Youth Large	Adult Small	Adult Medium	Adult Large	Adult XL	Adult XXL	
Please Select Entry Type:						Liability Waiver:			
<input type="radio"/>	5K - \$25 Before December 20th \$30 thereafter			I understand that running or walking is a strenuous activity and that I am properly trained and medically able to participate in such activity. I agree to abide by the instructions of the race officials and volunteers. I agree to abide by all vehicular traffic laws and yield right of way in all situations where I may encounter a motor vehicle along the race course. By accepting these statements, I hold the race director Miracle League of the Triangle, the Town of Cary, Cary Towne Center, Wake County Public Schools, Jim Young and Young & Associates, and all sponsors and all other volunteers participants of this event harmless of any claims and liabilities that may arise from my participation in this event. I agree to allow my photo/video to be used in any publicity for future events. (sign below)					
<input type="radio"/>	1.5 Mile Fun Run—\$15								
<input type="radio"/>	Special Needs Runner—FREE								
Signature of Runner (or Parent / Guardian if Runner is 18 years or younger.)									
Payment Information									
Make Check Payable To: Miracle League of the Triangle, RITNY Run, P.O. Box 4193, Cary, NC 27519									
T-Shirts are guaranteed to those who pre-register by December 20th. Shirts available to registrants after December 20th as long as they last.									
Age divisions for 5K Male and Females		1-12	13-19	20-24	25-29	30-34	35-39	40-44	
45-49		50-54	55-59	60-64	65-69	70-74	75-79	80+	
Awards: Overall winners and first two places in each division both male & female and overall youngest & oldest finishers receive award recognition.									

RACE RULES AND GUIDELINES

- Runners must register prior to or at the event. Unregistered runners are not allowed.
- Numbers must be worn on the front and be visible at all times.
- Runners must follow the marked route and proceed without unauthorized physical or mechanical assistance from others, unless noted as runner with special needs.
- Race officials will determine order of finish if runners cross the finish line simultaneously.
- Runners must give passing room as soon as reasonably possible to any runner who asks.
- Only one registration form per participant with special needs and his/her companion.
- For safety, runners who withdraw during the run should inform a race official or aid station volunteer.
- No littering, smoking or consumption of alcohol permitted on the course or at the race event. This will be strictly enforced.
- Anyone who breaks race rules may be disqualified from this race and from future events.
- Pets on leashes, roller blades, or roller skates are welcome.
- Race security and traffic control will be provided by off-duty Town of Cary police officers.
- Race director reserves the right to remove any competitor from the race for misconduct or for whatever reason deemed necessary.
- Sorry, we do not allow bicycles or headphones. Skaters are not eligible for awards.

For more information contact race director Tony Withers at twithers@withersravenel.com